

Escape

Spa Beauty



www.escapebeautyandnailclinic.co.uk

DECLÉOR PARIS Facial Treatments

Decléor's holistic facials are famous worldwide for their heavenly feel and simply stunning results. Every treatment begins with the unique back diagnostic massage; utterly relaxing for you and a wonderful insight to your therapist into your overall state of health and therefore your precise needs. The use of expert massage techniques and 100% pure, preservative free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

Ultimate Vitamin Glow

Award winning vitamin facial to leave your skin visibly radiant.

This internationally renowned, multi award winning facial is power packed with vitamins and anti-oxidants. Stress simply melts away thanks to five deeply relaxing massage techniques and the ideal rebalancing aromatic elixir for your complexion. Our deliciously warm and decongesting mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deep cleansed, perfectly replenished and glowing with vitality.

1 hour **£45**

Moisture Quench

Deeply hydrating facial for super soft skin.

Super- hydrating and able to quench even the thirstiest of skins, this deeply moisturising treatment includes a gently effective exfoliation to leave skin smooth, velvety and perfectly prepped for our nourishing AROMESSENCE Neroli Concentrate. A nutrient rich mask drenches skin with soothing moisture loving ingredients for a complexion that's rehydrated, supple and cashmere soft.

1 hour 15min **£50**



Oxygenating Pure & Matt

Intensely balancing and detoxifying for visible clarity.

This mattifying facial targets spots, blemishes, open pores and excessive shine. Includes a balancing and deeply oxygenating power mask to bring instant clarity to dull, devitalised skin. A three stage massage ritual also intensively relaxes and refines uneven texture. Previously oily, combination and dull skin is brought back to life leaving it luminous, crystal clear, beautifully matte... and completely flawless.

1 hour 15 min **£50**

Divine Nutrition

Deliciously cocooning and nourishing to comfort and restore.

The end of dry, flaky skin, our ultra nourishing facial deeply soothes, restores and renews. Chestnut Extract boosts crucial lipid production and microcirculation while nourishing Geranium and Rose feed skin with vital nutrients. By locking in moisture, complexions are also strengthened against wind, rain and cold making it ideal for anyone who spends a lot of time outdoors. Even the driest complexions are left supremely supple, comfortable and satin smooth.

1 hour 15 min **£50**

Harmonie Calm

Desensitises and reinforces stressed, fragile and reactive skin.

This intensely soothing treatment instantly relieves irritated complexions. Acting like a calming comfort blanket, Blueberry Extract soothes angry, sore skin; a cooling Algae plasticizing mask peels away to reveal a calmer, smoother surface. Redresses all types of sensitivity whether due to stress, poor diet, illness, medication or simply general fatigue. Skin becomes clear, soothed and more resilient to environmental aggressions.

1 hour 15 min **£50**

White Radiance

Vitamin C packed facial for sheer brilliance.

Exclusive and advanced Vitamin C technology is applied twice during this brightening facial to help restore luminosity, lighten pigmentation marks and turbo charge cell regeneration. A potent radiance revealing mask targets all causes of uneven skin tone including pregnancy, menopause and sun damage, correcting and regulating for a positive difference. Skin reclaims its natural fresh faced finish... perfection for any special occasion.

1 hour 15 min **£50**

Aromatherapy Discovery Facial

The effective rescue remedy for perfectly radiant skin.

Discover what makes Decl  r facials world famous with this divine ‘taster’. When you’re short of time but want to bring back an irresistibly healthy complexion, this is the perfect rescue remedy. For rapid results your expert therapist uses a combination of massage, Essential Oils and a gentle polish to smooth and revitalise tired skin leaving it fresh and radiant instead.

30 min **£28**

Aurabsolu Glow Power Booster

A power booster facial to awaken skin and senses.

For instant refined and flawless skin, this power packed facial awakens even the most tired of complexions in the shortest of times. Exquisite massage techniques revitalise the mind and body whilst the powerful infusion of Essential Oils in the Hydrogel mask leave the skin with an airbrushed luminosity and as fresh as the morning dew.

30 min **£35**



DECLÉOR PARIS Advanced Anti Ageing Facials

Three technologically advanced facials to fight every concern, each with precise and blissful rituals. Based on 40 years of skincare expertise and utilising the latest technological breakthroughs in anti ageing care, they bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.

Decleor Hyaluronic Acid Wrinkle Resist

Youth boosting anti wrinkle treatment.

This is the secret to youthful skin! Using powerful youth-boosting botanicals, this pampering facial intensively targets the appearance of lines and wrinkles. The mineral loaded mask lifts, plumps and firms while gentle exfoliation refines skin texture. Bringing dramatic and immediate results, expression lines and wrinkles are smoothed ensuring skin looks luminous.

1 hour 15 min **£55**

Collagen Plump And Lift

Ultimately effective antiageing facial leaving the skin plumper and firmer.

This facial includes our ultimately effective 'lifting' massage to recharge skin tissues. Highly efficient formulas then infuse the skin with naturally energising ingredients to help kick start its natural renewal process; an indulgent and collagen rich mask ensures skin feels plumped and tightened too. The result? A flawless, youthful new radiance.

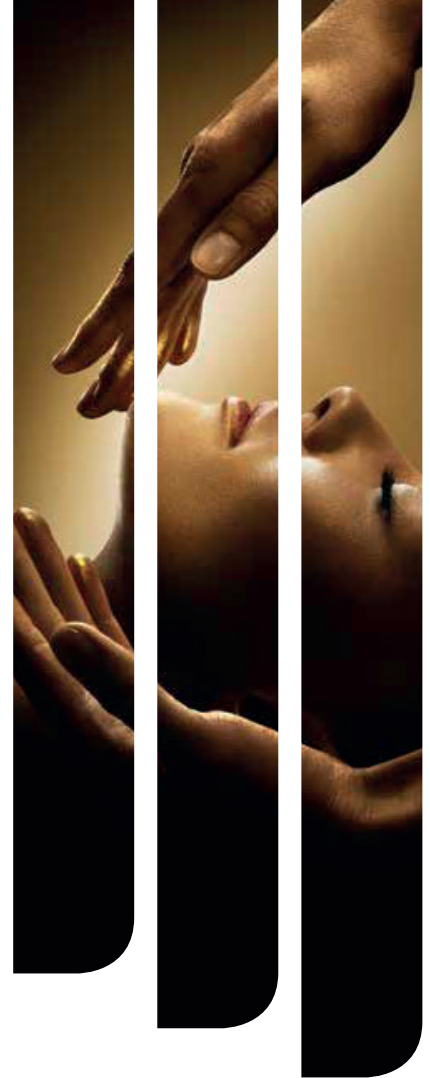
1 hour 15 min **£55**

Orexcellence Facial Pilates

A Pilates session for the skin to help visibly lift, remodel and re-densify.

Facial Pilates has been created to deliver a natural lift to the face, helping reshape the contours of the facial with a re-cushioning effect. The facial includes a back massage to help you completely unwind & release the mind. After a deep cleansing & three facial massages, your therapist will help lift your skin with a massage using our outstanding Energy Youth Concentrate Mask. This will plump and smooth the appearance of lines & wrinkles, whilst softening & increasing the tone, leaving the skin glowing with rosy youthfulness.

1 hour 15 min **£55**



Vital Eyes

Anti-ageing and visibly plumping for a smoother eye zone.

Delicately nurturing the most sensitive and delicate part of the face, this specialised treatment is fatigue-fighting, moisture quenching and wrinkle smoothing. Decleor's unique toning eye technique stimulates micro-circulation, anti-ageing eye mask also decongests and de-puffs. Leaves even contact lens wearers, hay fever sufferers and smokers with a dramatically brighter, younger looking eye zone.

45 min **£40**

DECLÉOR PARIS Aromatherapy Body Massage

Aroma Blend Refine & Firm Massage

A tailor-made body shaping ritual for lasting skin transformation.

This tailor-made body shaping ritual is a completely new approach to massage and body sculpting. It is a highly effective massage completely bespoke to you and your refining and firming needs. Your therapist will blend a fusion of essential oils and plants oils to focus on what you would like to achieve and how you would like to feel. The body feels recharged and the emotions balanced.

60 min **£45** 30 min **£30**

Heavenly Aromatherapy Massage

Everyday stresses and strains simply disappear with our heavenly Aromatherapy Massage to either relax, refine, tone or stimulate. The incredibly soothing sensation of the Warm Aromatherapy Balms, expertly blended from an exquisite elixir of natural Essential Oil

Full body **£45** Back, neck & shoulder **£30**

Deep Tissue Muscle Energiser Massage

Banishes tight muscles with deeply therapeutic massage techniques.

Powerful, deep and strongly rhythmic movements make this customised massage pure therapy for body and soul. Created to alleviate stress deep down and release the discomfort of aching muscles (whether through fatigue or stress), 100% natural, Decleor Essential Oil Balms actively work with your body to release localised areas of intense tension. Leaves your mind feeling less cluttered and muscles intensely relaxed.

Full body **£45** Back, neck & shoulder **£30**



Aromatherapy Warm Stone Massage

Divine heated stones relax away muscle tension and strains.

The most blissful way to soothe body and mind, stress doesn't stand a chance against this divine warm stone massage. Your personalised sensorial journey relies on the therapist's intuitive touch in harmony with smooth, heat-releasing stones. Individually shaped, these magical stones help release tension, soothe aches and rebalance energy levels; the use of luxuriously melting Aromatic Balms ensure skin emerges soft as silk too.

Full body **£50** Back, neck & shoulder **£32**

DECLÉOR PARIS Body Treatments

Red Island Exfoliating Ritual

Massage and exfoliation combined in an exotic body treatment.

Inspired by the magical island of Madagascar, powdered Fruit Seeds of Orange and Apricot plus Essential Oils and Spices are used to polish and perfect skin leaving it in supreme condition. A delightfully relaxing massage with warm aromatherapy oils then allows your therapist to focus on any areas of tension and stress, re-energising and restoring vitality for skin that's beautifully nourished and exceptionally soft all over.

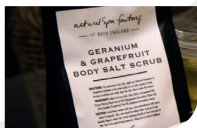
60 min **£50**

Lemon & Mango, Firm & Tone Aroma Wrap

Tightening, sculpting and smoothing.

This collagen-boosting body wrap tones slackened skin, repairs sun damage and helps improve the look of stretch marks. Potent radiance enhancers Immortelle, Lemon and Frankincense Essential Oils work to erase the appearance of imperfections and strengthen skin whilst also combatting wrinkles. Deliciously nourishing, this sculpting envelopment hydrates and moisturises too, improving hydration levels for radiant, firm and soft skin all over.

60 min **£50**



Sun-Kissed Mediterranean Glow

Beautifully soft skin with a gorgeous glow.

A full body exfoliation is the ideal preparation for self tanning and the sun. Massage with melanin stimulating Essential oils activates the skin's natural tanning process while our top selling self tanner leaves you beautifully sun-kissed.

60 min **£50**

Anti-Fatigue Citrus Energy Boost Aroma Wrap

Energising and revitalising to improve circulation.

Aches, pains and tiredness melt away with this super-stimulating treatment. The antidote to poor circulation, the refreshing full body wrap eases aching muscles and fights fatigue. Ideally suited to those who enjoy sport and or an active lifestyle, this warming zesty treatment also ensures cold hands and feet become a thing of the past. Revitalising Essential Oils of Lemon, Pepper and Cypress for total comfort all over.

60 min **£50**

Vanilla & Ylang Ylang Relaxing Hydration Aroma Wrap

Intensely calming and nourishing for super soft skin.

Banish stress with this cocooning and warming relaxation wrap. Developed to improve wellbeing by relieving stress and unloading busy minds, indulgent self-heating ingredients actively help reduce tension and stress. The perfect treatment for anyone with a hectic, demanding lifestyle who finds it hard to switch off, this sublimely relaxing envelopment includes deliciously soothing Vanilla as well as brightening Papaya Extract to leave skin satin smooth.

60 min **£50**

Cleansing & Purifying Aroma Back Treatment

Decongests and brightens for a beautiful back.

A facial for your back! Following our unique back diagnostic massage to relax and release blocked energy, a skin-brightening exfoliation re-oxygenates skin while targeting spots, blackheads and general congestion. Essential Oils and Plant Extracts help rebalance and control oil and moisture levels Essential pre-wedding and holiday's, it transforms skin to super-smooth and velvety to the touch.

30 min **£30**



Tranquillity Scalp

Intensively relaxes to ease tension and aid sleep.

Deeply relaxing, this blissful scalp treatment incorporates a pressure point massage to banish tension and encourage a good night's sleep. With stimulating and purifying Eucalyptus, Pepper and Rosemary-plus calming Lavender Essential Oils - it gives immediate results. With the option of including an exfoliation to target flakiness and styling product build up it also purifies the scalp and conditions hair. Simply serene.

30 min **£30**

Radiant Mum To Be

Safe and nurturing pregnancy ritual, suitable for pregnancies over 12 weeks.

Pregnancy can take its toll on your body so relax and let a highly trained therapist safely and gently treat you to a truly nurturing experience. This blissful face and body treatment includes a comforting tummy mask that actively helps reduce the risk of stretch marks plus draining massage to reduce water retention thus lightening 'heavy' legs. A skin-brightening facial ensures you look as glowing as you feel.

1hr 15 min **£60**

New Mum Indulgence Treat

Luxurious and pampering to regain balance after baby arrives.

Our post-natal treatment takes care of you top-to-toe. Deeply relaxing, this face and body treat utilises Decléor's most sumptuous, replenishing products to help ease backache, improve fluid retention and combat fatigue. A divine draining massage soothes tired legs and an over-tired body

1 hour 15 min **£60**

DECLÉOR
PARIS

SKIN · BODY · MIND



The Natural Spa Factory Body Treatments

Salt and Oil Scrub

This luxury body treatment scrubs and buffs away dead skin cells and stimulates the circulation leaving your body feeling refreshed and invigorated with a silky finish. Choose from our seasonal selection of delightful body scrubs infused with natural ingredients, many good enough to eat!

30 mins £25

Cocoon Body Wrap

Our body masks are crammed with lots of lovely natural ingredients to alert the senses and lift the mood. Your skin will be transformed to radiant and supple skin that is wonderfully soft to the touch. Hand pick your deeply nourishing wrap from our selection of healing, slimming and anti-aging treatments. Our therapists are on hand to guide you on the best option for you. Includes a deeply relaxing facial massage.

45 mins £30

Aroma-massage

Relax, calm or invigorate your senses with our custom made massage. Pick from a choice of expertly layered, naturally and botanically sourced blends of essential oils, and choose the pressure to suit your needs.

Back, neck and shoulders £28

Full Body £40

Melt Away Candle Massage

Choose from our delicious range of scented candles then drift away during this warm oil massage scentsation! This amazing massage wax will warm your senses and soothe your soul while leaving your skin nourished and smelling divine.

Back, neck and shoulders £35



Coconut Body Drench

This treatment begins with the sweetly scented coconut and lychee body buff to remove dead skin cells for super soft skin. You are then cocooned in our fine rice body wrap rich in anti-oxidants and illuminating properties. While the active ingredients infuse and work their magic, you are indulged with a raw coconut oil face and scalp massage to induce feelings of wellbeing and give your hair a massive moisture boost. After a refreshing shower your therapist will smother your skin in raw coconut body oil. You are left feeling relaxed , hydrated and smelling good enough to eat!

1 hour 15 min £65

Baby On Board

This spa package aims to relieve the strains of pregnancy as well as treating mum to be with some much deserved pampering. Using our bumps a daisy pregnancy range, with neroli and mandarin, to help ease the effects of water retention and increase circulation resulting in a more restful night's sleep. Crammed with gentle sweet almond and wheatgerm oils and complemented with a flurry of rose oil, mandarin, ho wood and bitter orange, this range will leave your skin feeling and smelling wonderful!

The package starts with a bumps a daisy gentle olive stone scrub to soften those hard to reach dry bits - a gentle yet effective cream scrub that will leave skin thoroughly nourished. Your scrub is followed by a deeply relaxing massage, then your whole body is moisturised with our neroli body cream – neroli has natural antiseptic properties and promotes new skin cell generation. It is also renowned for being great for helping to fade away marks caused from scars, spots and stretch marks. Your yummy mummy package is completed with a toe nail varnish.

1 hour £55

natural spa factories

BUMPS A DAISY

For one careful owner of the bump on board



Massage and Holistic Therapies

Hot Stone Massage

This warming massage will melt away all your tensions, aches, pains, tired joints and knots. Heated volcanic basalt stones are used with warm oils to provide a deeper penetrated massage treatment. The heated stones will increase your sense of relaxation and calm for maximum stress relief.

Back, neck and shoulders £30

Full Body £48

Thai Hot Herbal Compress Massage

Hot herbal compresses are steam heated and along with blended massage oils provide a truly unique experience; stimulating the senses, whilst the deep penetrating warmth and blended herbs of the hot compresses soothe and alleviate muscle tension, aches and pains, and trigger a powerful body purification and detoxification process. The treatment combines eastern massage techniques with a light pressure patting, rolling, kneading and gentle but deeply effective massage. The heat from the compress carries the herbal essences and the essential oils deep into the skin, underlying tissues and organs.

Back, neck and shoulders £35

Full Body £50



Bamboo Massage

This unique massage using bamboo canes releases muscle tension and tightness whilst improving the circulation and lymphatic flow to aid in detoxification . It has a regenerating and revitalising effect to leave you feeling deeply relaxed. Overall flexibility, balance and inner wellbeing are improved with specific reflexology points being activated. The skin is left feeling silky and smooth.

Back, neck and shoulders £30

Full Body £48

Indian Head Massage

Enjoy an ancient Indian head massage treatment for the shoulders, neck, head and scalp for a complete feeling of wellbeing . This wonderful treatment helps to relieve sinus blockages, headaches and the tensions from everyday life.

30 mins £28



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